

The Bread of Heaven

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[0 : 0 0] We read this chapter and saw that the hardships of the wilderness journey bring out a very familiar foe, and that is the flesh, in the Bible known as the old man.

And the old man rears his head and starts fussing and complaining and shows that he has no faith and no relationship with God. And we learn some things about our flesh from the children of Israel in Exodus chapter 16.

We're watching how they responded to the situation. And so let's finish the chapter. We ended at verse 30 where the people rested on the seventh day.

And so let's just read briefly the end of the chapter from verses 31 to 36. And if you would follow along. The house of Israel called the name thereof manna. And it was like coriander seed, white, and the taste of it was like wafers made with honey.

And Moses said, This is the thing which the Lord commandeth. Fill an omer of it to be kept for your generations, that they may see the bread wherewith I have fed you in the wilderness, when I brought you forth out of the land of Egypt.

[1 : 0 7] And Moses said unto Aaron, Take a pot, and put an omer full of manna therein, and lay it up before the Lord to be kept for your generations. As the Lord commanded Moses, so Aaron laid it up before the testimony to be kept.

And the children of Israel did eat manna forty years until they came to a land inhabited. They did eat manna until they came unto the borders of the land of Canaan. Now an omer is the tenth part of an ephah.

Now when Aaron lays this up in verse 34 before the testimony, you have to understand that Moses is years later writing in recollection of what took place throughout this time.

And there is no testimony in Exodus chapter 16. There is no tabernacle. There is no ark. That's yet to be revealed, and that's yet to be built.

And it goes on later in the book. So this time right here where Moses says, Take a pot, that's actually later on, after Mount Sinai, farther down the road, to where Moses says, Hey, by the way, God commanded that we grab some of this, and fill a pot up, and keep it forever.

[2 : 1 4] And they put it into the ark. Now that's going to take place later. I have all the verses, but I'm not going to run them to prove this to you. Do that on your own should you want, or I can give you the verses some other time.

By the way, that pot was a golden pot, according to Hebrews chapter 9 and verse 4. So some of those verses we just read don't take place in the moment. They take place in the future.

Now we were introduced to manna last Sunday, but didn't spend the time looking at it or talking about it, because we were focused on the Israelites and their behavior. But this week I want to focus in on this absolutely foreign and brand new thing that is something very mysterious about manna, both then in that day, and even today as we read about it and study it.

But what I want to notice with you is how the manna pictures for us something very nice, very helpful. It pictures the Word of God. And I want to show you why and several characteristics of this.

This is what God gave to His people to sustain them throughout all of their wilderness journeys. What God gave to His people to sustain them is going to be a picture of this holy book that God has given us to sustain us during our lives until we reach the promised land.

[3 : 36] It's in verse 35 that it says, until they came. That they did eat manna 40 years until. And God gives us something to hold us over until we get to see Him face to face.

So this morning I'm going to backtrack into chapter 16 and identify certain characteristics of how this manna relates to the Word of God. So before we do that, let us pray together.

Father, and Russ, could you... Russ, can you shut those doors there please? Thank you. Alright, let's pray. Father, we ask Your blessing upon our time in this scripture and help us to understand how important the Word of God is and to put the place that You've given it to us, put it in our hearts and in our lives.

And God, I pray that You'll reveal some things to Your people this morning and exhort them and convict them about the importance of this book. And so Lord, I pray this in Jesus' name.

Amen. So first thing, these are very simple but I think you'll see how relevant this is. Look at chapter 16 and verse number 4. 16.4 it says, Then said the Lord unto Moses, Behold, I will rain bread from heaven.

[4 : 48] I will rain bread from heaven for you. The first thing I want you to know is that manna came from heaven. It came down from up there.

That's not a figurative statement at all. It literally fell from heaven. The Bible says in Numbers 11 that when the dew fell upon the camp in the night, the manna fell upon it.

In Nehemiah 9, it says, they said that God, Thou gavest them bread from heaven for their hunger. Now keep your place here. I want to show you two verses in the Psalms.

So would you find Psalm 105? We'll start in Psalm 105. 105. And this is a passage we looked at briefly, I think it was last week even.

How that there was not a feeble person among them, among their tribes. In Psalm 105, I want to just point out verse 40. Psalm 105, verse 40.

[5 : 48] The Bible says, the people asked and he brought quails and satisfied them, notice, with the bread of heaven.

Doesn't say from heaven there, does it? It says the bread of heaven. This bread is of heaven. Now you might think, oh, I'm kind of reading into it or trying to twist it.

It could just be some figurative statement like it's from God, you know, but let's look at another passage. Look at Psalm 78. And this one, this one gets you.

Get your mind going a little bit. Psalm 78. The bread of heaven. This is the bread of heaven. It belongs in heaven or it's from that location.

Psalm 78 and begin in verse number 23. Though he had commanded the clouds from above and opened the doors of heaven, and had rained down manna upon them to eat and had given them of the corn of heaven.

[6 : 56] So maybe that's a figurative statement. The corn of heaven, you know, it's something they would understand, relatable to. Okay, maybe that's the case. But then verse 25 says, man did eat angels' food.

He sent them meat to the full. Meat not meaning flesh, but meaning meal, food. He sent them meat to the full. As a matter of fact, back in Exodus 16, that's what they were crying for, was back in Egypt, we did eat bread to the full.

And then the Lord said, it's in 16, verse 8, that I'm going to send you in the morning bread to the full. And he did that. Now, what do you think about that?

He rained down manna, and he said he gave them of the corn of heaven. Man did eat angels' food. I know this is mysterious. I told you it was mysterious.

But this food that God sent to them originated in heaven. Unless it's some strictly figurative statement, and he's just being very colorful and taking liberty, this is something that angels consumed, and that God sent down to miraculously sustain his people in a place where there was nothing for them to eat.

[8 : 15] He sent them manna from heaven, and he supernaturally rained it upon the earth. He said he sent it. Now, you can take that for what you can take it for. I don't know what all to make of some of that.

It is mysterious, and it's a little bit outside of my understanding. But what I do get from the Bible is that manna came from heaven. The manna came from heaven and was sent from God.

And do you know that that book in your lap is nothing different? Those holy words on your lap is just like the manna that fell for those people to go gather and eat and partake of in the wilderness.

The words of God collected in this holy Bible was sent by God's spirit into the mouth of his prophets, and they delivered these holy words of faithfulness and truth.

I know what people say. They say, well, the Bible came from man. Man wrote the Bible and he's even got his name all over it. Peter and John and Job and Moses and David.

[9 : 13] Those are the ones that gave us these words. They're not from God. Well, my statement to that is, listen, you can only imitate what this book contains.

You can only imitate. Religions of this world all seek to imitate what God did to his people, giving them holy scriptures, the oracles of God.

Religions of this world plagiarize, like the Book of Mormon, which is a grossly plagiarized version of the New Testament and others, and claim that that's another testament of Jesus Christ.

We have other holy writings. They do. The Jehovah's Witnesses have their watchtower publications that they say, well, this is in addition to the scriptures. They have theirs.

Oh, you can go on with the Seventh-day Adventists have the writings of their leaders and founders. The Muslims have their Book of Islam and many other things.

[10 : 16] Even the Jews today have other books in addition to the scriptures. So any religion in this world will put things together and add and say, these are our texts.

These are our scriptures. They're only imitations of this is the original thing here. What God gave to man, this is the one that was sent, the canon of God's revelation from heaven to earth.

One man said this, the Bible is not such a book as man would write if he could, nor could write if he would.

What he's saying is, man would not write stuff like this about himself if it was from man. man. And on top of that, man can't write things like this. This is way above the ability of the human race to put a book together like this.

Saying that man made up the Bible, in my opinion, is on the same level as stating that this whole world and all of the universe and sun, moon, and stars, and the human body just evolved from nothing, just came from nothing.

[11 : 22] That's just utter stupidity. It's ignorance. nonsense. It's absurdity. And for a man to just argue that, oh, the Bible came from man, they've never studied the Bible.

You've never seen the holiness of this book. And they just don't know what they're talking about. It's insanity to think that we came from nothing. It's insanity to think man could write this book.

That's what happens when you replace faith with human reasoning. That's what happens. With the absence of faith, it's just going to lead you to a dead end. You'll never get anywhere. You'll never understand anything.

But like manna, this Bible was given from heaven above. That's an easy thing to receive this morning. So let's take on the second one. Look at chapter 16 and verse 14. It speaks of the dew that lay, when the dew that lay was gone up, behold, upon the face of the wilderness there lay a small round thing.

That's all it's called. There's no descriptive words there, is it? It's a thing. It's a small round thing, but watch. As small as the hoarfrost on the ground.

[12 : 31] Now if you're from LA, I'm sorry, I'll have to describe this to you. But when it gets cold in other places of the world, moisture condenses on the ground, you know what dew is, and that dew in some places turns into frost.

It's not snow, it's just crystallized frozen dew. And it's a beautiful thing in the morning and it melts and turns just right back into the moisture that it was.

Now this is a description of this small round thing, whatever it is, it's as small as the hoarfrost on the ground. Well, I know what that is, I know what frost is, I can picture that.

Look at verse number where's it at, twenty, thirty-one. Look at verse thirty-one. The house of Israel called the name thereof manna.

It was like coriander seed white. And the taste of it was like wafers made with honey. So what are these terms?

[13 : 35] These are comparative terms. It's as as small as the hoarfrost. It's like a coriander seed, the color is white. The taste of it was like wafers and honey.

You know what? I've never seen manna. But I've already got kind of an idea of what they were looking at on the ground. Of this very fine, small, round, white, pieces, just tiny, that they'd have to scoop up and gather and put into pots and measure out.

There's one more place we can look with a description. Look at Numbers chapter eleven. Find Numbers eleven. And verses seven and eight.

And here you're going to see the word as again. In verse seven, Numbers seven, verse eleven, eleven, verse seven, sorry, eleven, seven, and the manna was as coriander seed and the color thereof as the color of delium.

That's a stone mentioned back in Genesis 2. Obviously we know from the other passage it's a light color. And the people went about and gathered it and ground it in mills or beat it in a mortar and baked it in pans and made cakes of it and the taste of it was as the taste of fresh oil.

[15 : 00] Okay, so manna, we've been given some comparative terms like and as these are terms of similarities similitudes and it's relating a foreign and an unknown thing to something that is relatable and known and understood the color white something small around like the frost what is the point here manna is relatable to earthly things although it came from heaven although they've never seen it before it's called the corn of heaven an angel's food but yet it's relatable to things that we do know and we can touch we can see with our eyes and I've never seen manna but I can imagine and you can too this morning it quite well based on these plain descriptions and comparisons it was from heaven but it's relatable to earthly things boy that sounds like something sitting right here in front of me this old bible it's from heaven but that book's relatable to the human experience

I once a man was born again back on the east coast he was saved and he wanted to get discipled and he came in and I met with him every week for about an hour and a half at a time and we just went through doctrines and things of the bible teaching him and just moving along and he's reading his bible for the first time and this guy was he was not an overly smart man but he wasn't dumb at all he was just a normal guy and he enjoyed reading the bible he just found like this is fascinating and what he said to me he goes I thought that that book was just like holy sacred literature I thought that its language was going to be so lofty and just so unattainable but as I'm reading I can't put it down his words as a newborn Christian newborn babe in Christ we call it said this book is just like men today his description was everything

I see in these people I see in the world around me today his statement was just as a juvenile believer this book is relatable to man I thought it was going to be something outside of this world that I could never get but no he found out it contains wars and human struggles and consequences for actions and envy and lust and fightings and he says that's everywhere I look that's all over the news and it's in the Bible it's very relatable and the Bible the word of God is like that manna it's relatable to earthly things it's relatable to life itself consider this it has a beginning and it has an ending it has all the drama you can imagine and it has all love and hate the Bible has tension and fighting it has peace and prosperity there's enemies that'll seek one's hurt and there's friends that'll lay down their life there's neighbors and family and babies and the elderly and there's work and there's war and there's growing and learning and there's aging and dying it's all in the

Bible the entire human experience is in this book it's very relatable it's written in such a receivable way an understandable way it's using figurative language so many times when you can't get it otherwise it uses those similes and those metaphors Jesus Christ taught and he explained how the heart of man is likened unto soil soil that can be hard from like a roadway that's pressed down or it can be a heart that's stony or it could be a heart that's filled with other things like thorns and it just chokes the word of God or it could be good ground and the Lord Jesus Christ gave a parable he gave many parables he illustrated the Lord's work like a farmer plowing and then planting seed in a field same kind of concept there the

Lord likens men unto trees and there's a multitude of trees just like there's a multitude of and strengths the Lord likens preachers unto dogs thank you Lord to a barking dog I know I know I stand up here to think alpha male wolf that's it but you're like yep yep yep I know I know the Lord likens preachers to dogs he likens spirits to birds you ever read that spirits are likened to unclean birds God identifies himself as a father as a husband as a mother as a nurse as a friend as a king as a warrior as a judge as a physician as a rock as a fortress all of these are relatable but you haven't seen

[20 : 18] God at any time God is a spirit but he describes himself he gives he reveals himself in language that's very relatable to the human experience it is lofty language it is sacred scripture but it's not nonsensical it's not out of reach it's relatable and it points man heavenly upward now man is relatable there's something else look at chapter 16 and verse 16 the Bible says this is the thing which the Lord hath commanded gather of it every man according to his eating and omer for every man according to the number of your persons take ye every man for them which are in his tents so if that's the case if it's a father that goes out and collects it and he's got a family of six or eight or two he's collecting two omers or six or eight and he's taking it for the persons in his tent and he collects it and takes it back home so you know what that tells me that mama ate manna the babies ate manna the children at least that are weaned teenagers manna young adults grown men the elderly they ate manna manna must have been sufficient for the young and the old alike because that's what God gave them and told them gather that take it back home that's what you're going to eat however you want to prepare it go for it but that's what's for dinner so number three this morning manna can satisfy and nourish both the young and the old alike it contained what every person needed to grow and to survive and to thrive in a wilderness all in that little small round thing it needed no additives it needed no supplements the children of Israel didn't have their pill cabinet they didn't need it they didn't need it they didn't need it they needed everything necessary for their nutrition was contained in this heavenly bread in chapter 16 and verse 35 we read this that they did eat manna 40 years 40 years why Daniel they just ate that pulse for a minimal time to be tested nothing like this 40 years their children grew up on manna and became grown adults and became soldiers that were armed for battle on manna manna can nourish both the young and the old alike and it can satisfy all partakers that just tells me something about this holy book this bible is capable of satisfying of nourishing and nurturing and feeding and filling every hungry soul that seeks it every single one you want truth you'll find it in the bible you hungry for some comfort do you need help you'll get it in the bible it's got it all everything you need in this life christian you'll get out of that book do you know that the bible is likened unto milk for the newborn babe it's likened to as newborn babes desire the sincere milk of the word that ye may grow thereby but it's also likened unto strong meat for the mature to them that are of full age the bible is likened to milk and meat it contains a complete nutritional diet for all the children of god that are hungry that to desire to grow thereby this book is able to open your eyes and grow you and build you up this book can open your eyes when you're first saved and show you wow this world is wicked and this is not what I thought it was and then as you stay in that book it can open your eyes beyond this earth to some heavenly things it can open your eyes to some truth that you never knew existed in the book this book is god it all this book is something else above that is the bible says unto the pure all things are pure and this book contains every element of the human experience I mean the good bad and the ugly literally and yet this book can be read by a five year old child and it will not defile them in their reading of its content because of its words because of its purity the word of the king james bible uses such discreet language when it's addressing even the most deplorable actions of the human race it's clean speech when it talks about things that you would say are adult situations and it covers them

I'm not going to bring it up I'm not going to put the list on the board but it covers everything and a child can read that book and not be defiled it's worded in such a way the holy ghost just shields him from some things but one of the evidences that this is the book this king james bible is that those modern versions that come out they don't have any problem being just dropping all the discretion and being vivid and descriptive when it comes to what we say are adult situations and I'm not going to proclaim it from the pulpit here but if you want to see it I can show it to you in my office I'll show you the versions I'll show you the verses and I'll show you the language they use to describe these things it's disgusting it's vile it's not pure it's not the law of the Lord is perfect the Bible describes this book in those kind

I can't it can produce and it can sustain strong soldiers that can go abroad and take the word of God to countries and be on their own and it can be everything that's needed to be a keeper at home and to raise up a child and train up a child in the way you should go this Bible is a lamp unto the feet of a child in learning how to function in this life the Bible is a lamp unto the feet of a young adult who's seeking to know the right way what do I do with my life and how do I the Bible has the lamp to light your way it's a lamp unto the feet of the parent just as much who needs so badly

God's wisdom in all of the decisions of life it's a lamp unto the feet of the elderly and guides them home to glory this Bible can do it all so don't make excuses don't say it's hard to understand just get what's there for you if it's hard to understand well maybe that level is not for you yet this thing has layers to it it's got much to it you just get the manna God's given for you it'll sustain you it'll nourish you it'll grow you just eat your manna just get your manna that's for you you don't have to go after the strong meat if it's not for you there's something else there's another thing here the fourth point about manna in verse number four God told him I will rain bread from heaven for you and in 16 4 the people should go out and gather a certain rate every day how about that look at verse 21 and they gathered it every morning every man according to his eating so excluding the sabbath day which was something set apart and special every single day

[28 : 48] God had a supply of manna for his people to satisfy them and to strengthen them for that day there was a supply available for them to go get the Lord God was faithful to provide manna every day it was up to them to get up to go out and get it it didn't fall in their tent it didn't fall in the pot miraculously and Omer every morning that's not how God dealt with it he left it lay out there they they had to to to to to satisfy their hunger so I wonder this morning are you getting your portion are you getting up and getting your portion every day because it's there every day God is faithful to have that manna available to grow you and to feed you in this wilderness you're going to go to work tomorrow you're going to be around the world you better get some manna you better strengthen the new man inside of you before you go face that you're going to be around your lost family today you better get some manna in you you better get strengthened you better get a full belly of it so that you can face this world and you can endure the things you have to endure for

Jesus Christ in this life manna was given at a daily rate a daily portion and every man in verse 21 every man according to his eating there was manna for every single individual there was manna for the young and for the old nobody was overlooked not once because God gave manna at a daily rate now those are my four thoughts I want to give you something in conclusion that I think has a good point that we can take home with us in chapter 16 I want you to see verse number 7 so find verse 7 it says in well back up to verse 6 it says Moses and Aaron said unto all the children of Israel at even then ye shall know that the Lord hath brought you out of the land of Egypt and in the morning then ye shall see the glory of the Lord verse 8 this shall be when the Lord shall give you in the evening flesh to eat and in the morning bread to the full and then he describes it happening exactly like that in verses 12 and 13 they're going to eat flesh and be filled with bread in the morning so verse 7 in the morning well that's when the manna comes in the morning it says then ye shall see the glory of the

Lord that's an interesting statement I know there's something prophetic there that you can make to the second coming of joy cometh in the morning and the sun arising with healing in his wings and the second coming of Christ but this is to manna saying you're going to see with your eyes the glory of the Lord and what comes down in the morning but manna now let's run a few verses and we'll be done we're done in Exodus this morning turn your Bible to James chapter 1 and if you want to get another place a while find 2nd Corinthians chapter 3 these are the two passages I want to close with James chapter 1 2nd Corinthians chapter 3 you need to see this because in the morning you shall see the glory of the Lord in the morning you're going out and getting your portion of manna in

James chapter 1 here's a description of a man that reads the Bible but ignores what he read versus somebody who reads the Bible and applies what he read verse 22 the command is but be ye doers of the word and not hearers only deceiving your own selves so here's an illustration for if any be a hearer of the word and not a doer he's like unto a man like unto there's more similitudes in this Bible he's like unto a man beholding his natural face in a glass that's a mirror elsewhere in the Bible called a looking glass he's beholding his face he sees himself in a glass for he beholdeth himself and goeth his way and straightway forgetteth what manner man he was he didn't do anything about it what he saw should have fixed something maybe in verse 25 but whoso looketh into not a mirror but the perfect law of liberty it's the word from verse 22 be doers of the word whoso looketh into the perfect law of liberty and continueth therein he's acting upon what he read he being not a forgetful hearer but a doer of the work this man shall be blessed in his deed so the blessed man is the one who looks into the word of

God and then acts upon what he reads and what he sees in the scriptures it's like into a mirror now flip back to 2nd Corinthians chapter 3 2nd Corinthians chapter 3 and watch what the word says here Paul is comparing the Old Testament and the tables of stone that Moses gave in the law and he says that was great that was glorious but nothing like the New Testament and now he's going to talk about the New Testament and I'm going to skip most of what he says here just to get to the last part in verse 15 he's describing how the minds of Israel still cannot understand the scripture because they have a veil over their heart just like Moses had one over his face back then in verse 15 but even unto this day when Moses is read the veil is upon their heart nevertheless when it shall turn to the Lord the veil shall be taken away now the Lord is that spirit and where the spirit of the

[35 : 09] Lord is there is liberty like James called the book the perfect law of liberty but we all we believers in Jesus Christ of the New Testament believers we all with open face now there's no veil on our face with open face beholding as in a glass what the glory of the Lord looking into that glass what reflects back is the glory of the Lord why because look at this are changed but we all with open face beholding as in a glass of glory Lord are changed are changed when we look into the perfect law of liberty and not a forgetful hearer but a doer of the word we all with open face no veil we're going straight into this book as believers what happens the result is we are changed and what we behold is the glory of the

Lord what Moses said in the morning you're going to see the glory of the Lord that manna is connected to or likened to seeing the glory of the Lord and that's this book that's what you get to see in this book and as it changes you and cleans you up the illustration is so clear here look in a mirror why do you look in a mirror not to worship yourself you look in a mirror to fix what's wrong you look into this perfect law of liberty and it reveals what's wrong and you're changed into the new man Christ said sanctify them through thy truth thy word is true it sanctifies and cleanses you by the washing of water of the word and so the word of God changes you into the image of Jesus Christ it cleans and perfects and purifies so manna is a picture of the word of

God and these four ways and in this conclusion it enables us to be changed into seeing beholding the glory of the Lord manna is what God gave you manna it's what he gave to sustain those his people through this long wilderness ordeal it didn't have to go 40 years but because of their rebellion it went 40 years and so did the manna and God has given you the word of God there's going to be trials along the way in this life and there's going to be manna for the trials and there's going to be fightings that you're going to have to face and there's the manna of the word of God for those fears and fightings and all of it there's going to be some long dry stretches of boring just want to see more happen want to see some revival but along that way every single day is a portion of manna for you to go get for yourself but we want to see the miracles go get your manna today go get it tomorrow that's what this book is church

God wants to feed you if you neglect that you see that you're starving yourself if you give yourself to your phone you're starving the new creature inside of you you give yourself to entertainment to television you're giving yourself to something that's not going to grow you and help you I don't believe and I don't waking minute I don't even buy that I don't even pretend to do that I'm going to watch football today if I'm able to but I'm not going to neglect the word of God not going to neglect my portion that he's given me to eat to strengthen me and by the way I want to show him that I'm thankful for what he gave me and that I don't take it for granted and that I appreciate it because what if it's not there the next day what if something comes by in this land that it's not there for you the next day what if things get ugly like it has for some believers who have trusted Christ and served him gone overseas to win souls to

Christ and found themselves locked up in a cell with no manna with no book just the fellowship of Christ is all they had and what they had memorized in their heart so don't take advantage of it and don't take it for granted this morning are you gathering are you individually feasting on the words of God that he's put in your lap does that Bible leave your car do you keep a copy in your car to feast on it catch a snack or are you starving and weakening the new man I think you get the point by now he needs his nourishment he needs the word of God daily when those kings were set up on the throne there was a rule a command that they were supposed to daily open up the law and read from it it was a command for them

[40 : 30] God wanted his man to be in the book to know him and have a relationship it was a choice though that king could have said I'm busy I've got king stuff to do but if you don't put a priority on the words of God if you don't hunger and thirst after righteousness you're not going to be filled but you'll be filled with something you better consider this morning in this moment let the Lord show you what am I filling myself with because you are filled you're filled with something let it be the manna from God all right let's bow our heads together Lord thank you for this teaching and this truth this morning this comparison I want to thank you personally from my own heart for the holy scriptures and for the effect that they've had on me the change that they've made in me in my mind in my mouth in my desires in the direction my life has taken

God thank you thank you for this lamp unto my feet Lord thank you for its words of comfort for its words of rebuke and chastening thank you for the words of direction when they're needed for the words of faith that strengthened me to trust you thank you for the examples of real men and women that have their stories told of how they obeyed your word the encouragement for me to obey your word oh God help us all to obey and to desire and to feed upon this holy book thank you for it this morning I'm asking you a question are you getting your fill are you gathering every day I know you need to hear a message like this from time to time because

I know how you are just one day goes by then two days go by then a week goes by and you're not in the word of God like you know you ought to be it's simple this morning get back in the Bible get in the book make it a priority where people of a book everything we know and have comes out of the book you ought to know it you ought to study it you ought to make it a part of your day it ought to convict you when you don't get in it it ought to speak to you and say you missed me today if anybody needs to pray and talk to the Lord talk to him now don't make promises but just talk to him I say don't make promises because

I've done that too many times and I fail every time but you can recommit to getting in that book and say God I desire it it's right I've been wrong and I want to do right and I want to be right with you and I want to please you and I want to get my fill you