The Trinity and Your Prayer Life

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Preacher: Wei-Han Kaun

[0:00] [redacted],[redacted]?[redacted],[redacted]

Lewis saidThe Trinity is eitherthe most ridiculous foolish thoughtconceptualized by man[redacted]Or elseIt is the most profound truthso distinctly beautifulfound in Christianity alone[redacted]Now the question for us this morning is thisWhat does this distinctly beautiful profound glorious truthfound in Christianity alonehave to do withthe Christian's prayer life[redacted]

Many of you will knowthe saying thatEveryone's an atheistuntil something goes wrong[redacted]When things go wrongand a business failsor a relationship starts giving you griefor someone you knowor love becomesdesperately unwellat that pointmost people99% of peoplestart to pray[redacted]

Verses 3 to 14 are one long sentence in the originalGreek text of Ephesians[redacted]

Blessed be God the FatherAnd then in verse 7 to 13We blessed be God the Son[redacted]Blessed be God the Sonin whom we have redemptionthrough his bloodverse 7The forgiveness of our sinsthrough his deathfor us on the crossAccording to the richesof his gracethat he has lavished on us[redacted]Blessed be God the Sonthrough whomthe Father has lavishedhis grace on usverse 8In whomthe Father has made knownthe mystery of his willaccording to his good pleasureverse 9In whomthe Father's willis to gather up all thingsthings in heaven and on earthverse 10In whom we have obtainedan inheritancein God's kingdomverse 11on whom we believersset our hopeand for whose praiseand glory we liveverse 12[redacted]

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[11:51] Blessed be God the FatherBlessed be God the SonAnd then blessed be Godthe Holy Spiritverse 13 and 14Blessed be God the Spiritwith whom we are markedas a seal of God's promisein the bottom halfof verse 13who is himselfGod's promisewho is the pledgeof our inheritancetowards redemptionas God's own peoplenow that last phraseverse 14needs a bit of explainingI'm so grateful to Mattto explaining it beforeI felt almost likeI didn't have to do it nowbut it's true isn't itas my Sunday school teachertaught me when I was6 years oldthat when you becomea Christianthe God the Holy Spiritcomes to live inside you6

God the Holy Spiritis given to the Christian believerat the moment of their conversionand typically three things happen

Merry

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Here's the point. In our prayers, it's good for us to remind ourselves and to remind each other. And it's good to do this in some detail.

It's not a waste of time to rehearse the details of who God is and what God has done.

[18:55] It's not a waste of time as I'm tempted to think, but instead it's very useful. Why?

So for the Christian believer, it's a great ministry actually to ourselves and to one another, to meditate on and rehearse the glory and the praise of the Trinity in our prayers.

But even when Paul moves to praying to ask God for things, his trinitarian thinking comes through.

Let's take two quick examples.

Lots we can say about this prayer, enough I think for another sermon.

[21:46] But for today, let's just notice what difference the Trinity makes to this prayer.

Paul prays to the father of the son, for the spirit of wisdom and revelation to be given in extra measure to the Christians.

Notice the particularity, the specificity, he prays to God the father, of God the son, for God the spirit to be at work.

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[redacted] Let's look at the second prayer from Ephesians 3, verse 14, a prayer for power.
[redacted] I read from verse 14, for this reason I bow my knees before the father, that is God the father, verse 15, from whom every family in heaven and on earth takes its name.
I pray that according to the riches of his glory, He may grant that you may be strengthened in your inner being with power through his spirit, God the spirit, and that Christ, God the son, may dwell in your hearts through faith.
[23:37] [redacted]?

[redacted] I want to commend that homework to you, because my observation in ministry is that for many believers, the Trinity has very little to do with our prayers.
[redacted]
Well, let me pray, [redacted]
Now here's the prayer that I try and pray every day. [redacted]
doors[redacted], thrilling[redacted]

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