

# How To Maximise The Fasting Season

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And so, when we have got this open window of constant atmosphere, and what I like, it is not normal, this is a prophetic atmosphere. It's a prophetic atmosphere.

You have to take and seize the opportunity and close a deal before it closes. To your daughter.

Close a deal on your marriage. Close a deal on your health. Close a deal on your ministry. Close a deal on your finances. You have to come and close a deal.

Every evening when you are coming, you don't have to behave like everybody. No, no, no, no. You don't have to behave because you are on a mission. You don't come and sit here because they say come to church.

[ 4 : 46 ] No. You are coming because there's a deal. Deal. And by the time you are going every day, Hallelujah.

That's what my song will be. Hey! That's what my song will be. That's what my song will be.

As I came here, I stood here, I started praying. The Lord said, okay, if you're ready enough, I'm talking to you. Write it down. And deliver it to my people. Maximizing the moment.

So many deals must be closed. When you look at your mother's health, you have to close the deal here. When you look at the doctor's reports in your family, your family is dealing with one funny, unwanted, unpleasant doctor's report.

This is not when you have to take anything lightly. God will come and close the deal. How do you maximize the moment? Number one. In this season, fortification.

[ 5 : 56 ] Someone say fortification. What does that mean? The Bible talks about how Jacob was about to die. Genesis chapter 48 and 49. And he strengthened himself.

He said, I have not blessed the people. He strengthened himself. Lean on his staff. And he said, bring me them. Let me speak a blessing about their lives. You have to strengthen yourself.

Watch this. In a season like this, and Jacob was told, look, the sons of Joseph are coming to you. And Israel strengthened himself and sat on the bed.

He was weak. But he said, this thing, he said, deal, I have to close. So he strengthened himself. Sister, bro, we are fasting.

Strengthen yourself to go through the fasting. You'll be hungry. But strengthen yourself. You'll be, sometimes, reading your Bible is not normal. But you got to, you have to make yourself do it.

[ 6 : 57 ] Because, you see, as you read your Bible and you pray in times like this, what's happening is, you're actually fortifying your spiritual mind to be able to do the things you have to do. So read your Bible.

Find a way. Get something in. When someone is sick and they don't want to eat, sometimes they say, please, just a little. You let a little go in. Let, let, try. Because you're about to take medication, you need some.

But when I take it, then I'm throwing up. I'm sick. Everything comes. I said, don't worry. You let something go in. And if it comes back, that's okay. But let something go in. Now, that's the same approach you have to take with your prayer, personal prayer life and Bible study.

Try, just let something, let something go. Because that's the only way you can strengthen yourself. Because this thing is no mental thing. It's a spiritual thing. It's a spiritual thing. Other than that, you'll be coming here and we are praying and all you are busy is watching people.

It's like, wow, this thing I can't play. You can't, you can't connect. You can't connect. When we are singing, you also, I like this song. But you know what? The thing has not entered your spirit.

[ 8 : 01 ] When people are catching, they are shaking, you are just watching. Wow. Hey, something's happening here. Hey. Wow, this pastor is powerful. You know? By you, everything is going over your head.

Because, your spirit man is not in a good shape. It's not in a good shape. So, you have to. I know your work schedule can be very funny.

I know your domestic life can be very, very unfriendly. And if, in fact, unhelpful, or it's not helpful when it comes to spiritual activities, your domestic life, because you live with five other siblings in one room.

And every time, people are fighting and they, so, you are, this is condition. But you have to find a way. Find a way. They said, they are sleeping.

You can't use the light. So, maybe, just go into the toilet. So, you can use that to get some word in. You have to find a way to get it done.

[ 9 : 03 ] That's the only way you can strengthen yourself. Israel strengthened himself because the hour, this hour, something must happen. Strengthen yourself.

Number two, you have to, listen, you can't receive anything from God without faith. Faith. Obedience must be prompt.

What is God telling you to do? Don't say, I'll do it later. Take some steps of faith. Walk by faith. Engage your faith. This fasting, engage your faith.

Engage your faith. Be a man of faith. Be a woman of faith. Bible calls Stephen. He was a man full of the Holy Ghost. You have to be a man of faith.

You have to be a man of faith. A woman of faith. Say faith. Faith. Faith. A man full of faith. He was, when you cut him, faith will flow.

[ 10 : 06 ] He was full of faith. When you push him instead of saying, ouch, you said, thank you, Jesus. Faith will be talking. You must be a woman, a man full of faith.

But you can't do that if you are not strengthened. That's why you have to take some energy. Energy tablets, the word of God. Energy tablets and prayer. Just taking some, your capsules.

Every day. Just taking some capsules. And then you have energy to dare. But you have to know that in this season, faithlessness will cost you a lot. Faithlessness will cost you a lot.

So, act by faith. Step out in faith. Obey by faith. Have a faith mindset. Your mind is faith. Bible says that they forsook Egypt by faith.

They forsook. They can't be bothered because they know. They are laughing at you. Don't worry. When they, this, I don't understand. Since I got born again, no one has been able to ridicule my Christianity.

[ 11 : 10 ] Ah! You can't. When you are ridiculing me, I feel so sorry for your stupidness. Yeah. I actually see you are so stupid.

You can't see that this is a good thing to do. You ridicule. You can't ridicule me for me to feel bad. From the time we got born again, in public, in town, in the markets, everywhere we go, making noise for Jesus because we are so confident in this thing.

You can't intimidate me and say, feel sorry for me, this thing you are doing, this thing you can't go anywhere. It's all. You rather what you are saying and feel so sorry for how you are blind and you are so lost. So, you must be a woman of faith.

They are telling you that that's for this marriage, others are getting married, that's for me, but know that. Hallelujah. That's what my song will be.

That's what my song will be. That's what my song will be. And then, so, if you are going to work by faith, it means that you will never run out of strength.

[12:24] You understand? Because the one of, the person of faith has spiritual strength or spiritual tenacity. So, you can do things that you have to do. you can take steps you have to take.

So, you can act how you have to act and sometimes you become very bold when you are, you have faith. You are bold. You can talk back. You need faith.

Number three, this is very important. You need focus. In times like this, don't be distracted by too many things going on. Stay focused. Stay focused.

focus means, focus means, you are also intense. You are, you are, you are, you are getting very intense. When we come and we have been praying, some people never pray.

That's when they go to toilet a lot. Yeah. So, stay focused. When we come, we are praying. Sometimes, ignore others. And stay focused and pray and pray.

[13:25] That's why sometimes standing at the altar is even better. Standing at the altar kneeling at the altar or facing the wall, it limits distractions. So, focus.

Stay focused. We are fasting. Stay focused. Stay focused. Someone say focused. Number one is what? Number two? Number three? Number four, this is so crucial.

I realize a lot of people run out of it very quickly. It's what is called consistency. Consistency. Consistency. Some people are here today. Tomorrow, we know we will not see you.

You. I'm talking to you. We won't see you because you don't do consistency. In the time of fasting, you have scheduled dinner with your schoolmates.

Even if it is your birthday, looking at the criticality of your condition. Even if it's your birthday, don't go for dinner.

[14:24] You have prayer. Come and steal a deal. Sometimes, because of the nature and the criticality of the season and the conditions in your life, you have to ignore something so you can stay consistent.

So you can stay consistent. Consistently coming early. Some people, they consistently will come late and then they are looking for seats for them.

Consistency. We are praying every day as much as you can. Make sure. Come. Come. Come. I will try. When I tell people, will you come? I will try. You, with your condition, you will try.

Listen. This thing, it just works. It just, the problem is, people are not taught or people are not conscious. So they just grow with the flow.

No, no. This time, you have to be intentional and stay consistent. When people are telling you, can you just, you know, every time you go and pick her or you go and meet him, you come late. Leave her.

[15:36] Let her find a way. Leave her. And she will tell you, you are not a good friend. No problem. I'm telling you, when you are doing well, your friends are happy to be your friends. Your friends, I'm telling you.

But when you don't do well, they will start to exclude you. Yeah. They will start to exclude you. You go to places, you find out they didn't call you. They were, they said one of your friends, they are birthday and they are going, and it's not like, when unbelievers exclude you, it's okay.

Because they don't like your preaching. So that's fine. But this is not like, they are even, you are your friend, they all meet. This time they've left you out. Why? Because every time they go, they have to pay for you.

Feel. And as soon as you realize, they've gone again, they didn't invite you, you know why.

So, someone say consistency. And then, number five, oh, I like number five.

- [16:41] You have to be guarded. So, guardedness. Guardedness. You have to be guarded. Because some things will try and distract you.

Already, as soon as you started the fasting, something was trying to get your attention. Why is it that? As soon as you started the fast, there have been distractions. As soon as you started the fast, something started coming to distract you.

As soon as the fasting started, that is when your boss, the one who secured the job for you, said that it is the ascend of that. Why is it the ascend of this time?

And it's not nice if you don't go because this guy has been helpful to you for once. Just sometimes, close your eyes, don't go. Because it's a spirit. I'm telling you, you have been distracted by something.

So, you have to be guarded. Watch. Be alert. What is trying to? Because sometimes, why is it that this is the time your wife is speaking quarrel with you? Why is it time, why is it this is the time your husband is speaking a quarrel with you?

- [17:42] Over banana. I'm telling you, I've discovered, most times, when a husband and wife are trying for a baby, the most fertile season, if there's a spiritual battle, the most fertile season, from some freezing, something over pizza, they start arguing.

Yeah. And for one week, they are not in good terms, so they can't come together. Until the season passes, then they are flowing so romantically, nicely. But that time, it's not fertile. You fire, it doesn't work.

It nothing works. So, I normally tell them, watch out, because you are fighting a spiritual battle. And Satan knows what button to press, to distract you, to upset you.

So, you have to be guarded. Watch out. Some invitations, don't respond to. Some messages, don't respond until we have finished the fasting. Yes, don't see it. Intentionally, don't see it.

So, if you have to be guarded, one area, three areas you have to be guarded. Number one, you're worse. You're worse. Don't be speaking some worse. Don't be speaking some worse.

- [18:56] Watch your language. Because, you can't maximize a divinely given moment. prophetic moment with careless words.

No. Satan will push you to say what you are not supposed to say. Either saying it concerning your condition, concerning about you, how you sometimes, how you feel.

Me, I say my mind, the way I feel, I have to say it. I feel so down. I don't even think this thing is working. After coming to say, Hallelujah, you go out and say this thing, I don't think it will even work.

Forget it. It will obey your, that statement is what you have. Jesus said, you shall have whatsoever you say it. Mark chapter 11, verse 23, verse 24.

You shall have whatsoever he say it. Anything you say, anything, whatsoever means anything as you say it. You know what the doctor says, what you say.

- [19:53] You shall have it. So you have to be guarded with your words. Or sometimes comment your person about key things in church.

Oh, this prayer is too long. Be careful. You have to be guarded with your language. Especially, especially with people who are not sensitive and pursue what you are pursuing.

so your cousin, your sister, your brother, you know, she also said she attends church. But their church is almost like disco. All they talk about is money.

And boys and girls. The season means that you have to be extra alert because Satan will try and use any window of opportunity. He waited when Jesus was hungry and he said, turn stone into bread.

Turn stone into bread because he was appealing to the hunger of Jesus. Turn stone into bread on condition that you are a son of God. Do you have to prove anything? So watch your words.

- [ 21 : 01 ] Watch your thoughts. The way you are thinking. Sometimes, some things will be coming on your mind. On your mind. Cast it out. Bible says you can cast down imaginations.
- 2 Corinthians chapter 10. You can cast down imaginations. From verse 5. You can cast down imaginations. Ideas that are coming. We can cast them down. So you have to watch your thoughts.
- It says that in Philippians chapter 4 verse 8. Whatever is good. Whatever things are true. Whatever things are noble. Whatever things are just. Whatever things are pure.
- Whatever things are lovely. Whatever things are good. Of a good report. If there be any virtue. If there be any virtue. If there is anything praiseworthy. Meditate.
- And if there is anything any praise. Think on these things. Think. Guard your thoughts. The way you are thinking will begin to manifest.

- [ 21 : 57 ] So God. It can invade your prayer life. The things that have been on your mind. On your mind. So that means that you have to be careful even who you engage in conversations.
- Yeah. You have to be careful who you engage. And then the third thing is exposure. Which also is association. What you expose yourself to. To determine what psychological, emotional, spiritual, internal battles you have to fight.
- What you are exposing yourself to. Don't expose yourself to some movies or Netflix. So suspend your account for this fasting period because it's been one of your weak areas.
- I'm not saying Netflix is evil. But you, so long as you are concerned, it will distract you. It will distract you. So suspend something so you can focus in praying.
- Watch your exposure. Watch your exposure. Watch your exposure. Watch your exposure. Watch your eyes. Watch your exposure. Watch your exposure. Watch your exposure. Watch your exposure. I don't understand how you are believing God for supernatural intervention. And the music you've been playing in your house, in your car is not holy.

- [ 23 : 03 ] Why do you expose yourself to that? Especially in a season like this. In a season like this. Switch off some of the radio, FM, whatever. Because they won't play anything that will be edifying.
- I mean, that's their station. Their station, some of their stations, is it vibe and choice and all those things. They play the songs that you might not need at this season.

You might not need at this season. So it's very important. Number six, sensitivity. Be sensitive. Because in a season like this, the Holy Spirit will be speaking to you.

The Holy Spirit will be speaking to you. When we came here already, some of you, you've heard the voice of God. And sometimes it tells you, do this, do this, do this, wash this, don't do that. Sensitivity. So, number one is fortification.

Number two, faith. Number three, focus. Number four, consistency. Consistency means continuity. Continue in the prayer. Every day, keep coming. And don't stop the fasting too. Unless it's on some serious medical concerns.

- [ 24 : 13 ] But, consistency, guardedness, sensitivity, and then let me add the last two, expectation. Expect, expect. That's when you sing, that's what my song will be.

That's what my song will be. It's an expectation. That's what my song will be. So, someone say expectation. Expect that God will do something.

But, you know what I like about prophetic atmosphere? Some of you, the expectation is rising. You just have a gut feeling that something has changed. In fact, you'll be surprised if it doesn't happen.

You'll be surprised. Some people will be surprised when it happens. But you, you'll actually be surprised if that breakthrough doesn't happen. because it's a glorious season. And then, finally, eight points, finally, lift praise.

Raise praise. Raise praise. Sometimes, if you have a car, if you have those sports things, yes, blast, if you are not listening to some preaching, not the preaching that we've been, then blast some praise in your ears.

[ 25 : 33 ] Blast it. You're on the bus and you're going like this. Hallelujah. You have to have a shameless audacity. Yeah. Yeah.

If some people can kiss on the bus, yeah, why can't I blow in tongues? They are listening to messages.

Jesus, thank you. Hallelujah. And when you see someone looking at you, you two look at them. Oh, I'm telling you.

Listen, I'm telling you things I've done. When you speak in tongues and someone looks at you and you look timid, they think there's something wrong. But when you look serious and you look at them, she can't.

They say, sorry, sorry. But, stay consistent and lift up praise.

[ 26 : 37 ] You are sitting anywhere. You are at home. Lift up praise. Sometimes, some praise songs will calm your heart. Nowadays, because of electronic media, it's easy to get some songs.

Look for it. Play it. Play it. When the address comes, wait and click it. Let the address pass. Play it. Because you need it.

Keep yourself charged and fervent. That's how I might not teach this again. Normally, this kind of teaching six credits. God laid down my heart as I came here.

I started praying the heavens open. God started laying this. I wrote them down. Maximizing the moment. Because we are, we have a window of opportunity. You know, there are times they said, if you want to apply for something, apply for a particular job, a loan or something, or want to buy the mortgage, the government has given grants.

This is the time. Do it now. I'm telling you, heaven has given somebody a window of opportunity. Seal the deal on your marriage.

[ 27 : 47 ] When you come to church and we are screaming amen, we are praying, get in tennis. Some of you are so gentle to your heart. And you know you are not really gentle.

By just that you don't, you don't have fervency. Your heart is not bending for God. That's why you come to church, you find it difficult to flow. Oh, I'm shy.

I'm quiet. You are not quiet. It depends on where your excitement is. It depends on where your excitement is. And then when we start getting our testimony, you want our testimony, but you don't want our prayer, our passion.

You don't want our practices. Nothing gets done in the kingdom without passion. You need passion. So when you come, that's intense. Get intense. When we start praying, pray to your sweat.

You have to sweat, pray. So Jesus will sweat. He sweat like blood prayer. Sweat.

[ 28 : 48 ] It's about time you start posting how you can constantly join the fasting consistent. You can keep going. You can keep going. And see if miracles and testimonies won't fall on your lap.

Shout amen. Amen. Ezra chapter 8, verse 22, it says that, For I was ashamed to require of the king a band of soldiers and horsemen to help us against the enemy in the way.

Why? Because we had spoken unto the king, saying, the hand of our God is upon all them for good that seek him.

Who gets the hand of God to be upon him? Those who seek him. The hand of God. If the hand of God is upon you, the hand of God will help you against the enemy.

Amen. What's our prayer? Lord, I seek your face. Let your hand come upon me. Anyone who takes you on has made a mistake because their hand of God is upon you.

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