

## It's Miserable Being Miserable!

*Disclaimer: this is an automatically generated machine transcription - there may be small errors or mistranscriptions. Please refer to the original audio if you are in any doubt.*

Date: 16 August 2022

Preacher: Jon Watson

[ 0 : 0 0 ]     The 16th of August. It's miserable being miserable. For day and night God's hand was heavy upon me, my strength was dried up, as by the heat of summer.

Psalm 32, 4. Just suppose you broke one of the most precious ornaments in the house, and put it where it wasn't easily seen, and told no one about it. Would you feel happy?

I'm sure not. You would feel miserable. David, who wrote Psalm 32, was feeling miserable over something that he had done. He doesn't tell us what it was. It was obviously something that was very wrong in God's eyes.

To begin with, David tried to brazen things out as if what he had done was hidden from God. But he felt miserable. In verses 1 and 2, he uses three different words for the sinful things he had done, and he would have said as a result, It's miserable being miserable.

When I kept it inside, my bones turned to powder. The pressure never gave up. Verses 3-4 from the message. So what did David do?

[1:07] He confessed to God what he had done. He let it all out, and a great burden was lifted from him. He felt free. It happens that way with us, too, when we own up to a wrong we have done and receive forgiveness.

Being miserable turns to a great relief. Each of us must confess to God the sin that is in our hearts and minds. We will be miserable as long as we don't do this.

But when we do, we will find, The pressure was gone. My guilt disappeared. My sin was gone. Verse 5 of the message. And a prayer.

[illegible]