

Milk Or Meat?

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[0 : 00] The 22nd of October. Milk or meat? Hebrews 5.14. But solid food is for the mature, for those who have their powers of discernment trained, by constant practice, to distinguish good from evil.

It will be little wonder if pupils sitting, staring out of the window all the time, will learn little, and may end up being kept behind when the others move on. The person who wrote the letter to the Hebrews obviously felt like a fed-up teacher. Those he had been teaching should have been mature believers by the time he was writing.

Instead, they were like children who were still being fed milk when they should have been on solid food. They were immature. Paul had the same complaint about the church in Corinth.

I fed you with milk, not solid food, for you were not ready for it. 1 Corinthians 3.2. The reason seemed to be the same in both cases.

People were arguing about unimportant things and neglecting to study the Bible and the deeper things of the Christian faith. And a person who is living on milk isn't very far along in the Christian life and doesn't know much about doing what is right.

[1 : 14] Verse 13, New Living Translation. I think a lot of us are like that. We are lazy and inattentive about spiritual things. We may neglect our Bible readings, our prayer times, and our reading of books that will help us to deepen our understanding of God's truth.

And when this happens, we don't just fail to grow in our Christian life, but we are in danger of slipping back into unfaithfulness. And a prayer.

Dear Lord, help me to mature in my Christian life through your word. Amen.